

## Workshop 2: Paper Fortune Tellers

### Duration of activity:

- Approximately 30 minutes (to make and play with the fortune teller)

### Objectives:

- Allow the child to ask questions in relation to the move through a game
- Allow parents to normalize the emotions felt and reassure their child

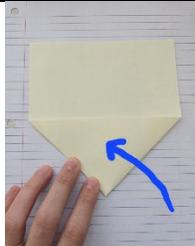
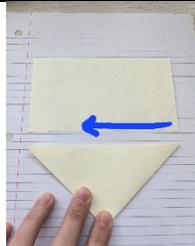
### Materials required:

- Blank sheet of paper (8½ x 11)
- Scissors
- Pencil crayons

### Process:

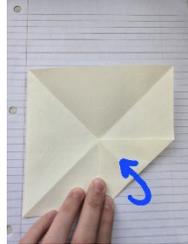
Follow the steps with your child to make a paper fortune teller (20 min).

### Folding steps with pictures:

 <p><b>Step 1</b></p>	 <p><b>Step 2</b></p>	 <p><b>Step 3</b></p>	 <p><b>Step 4</b> Make a cut following the blue arrow. Keep the lower part (the triangle).</p>
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**Step 5**  
Open the triangle.



**Step 6**



**Step 7**



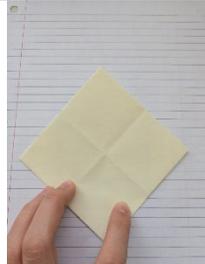
**Step 8**



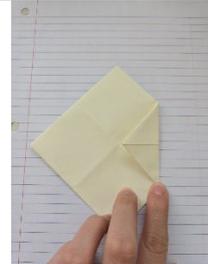
**Step 9**



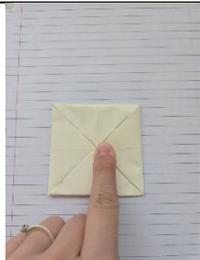
**Step 10**  
Turn the paper over so that the folds are facing down.



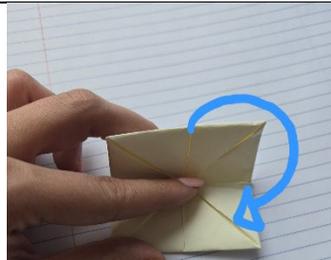
**Step 11**  
Orient the sheet so it looks like a diamond.



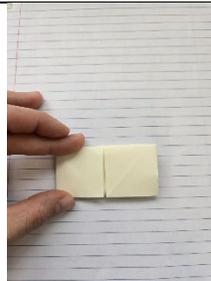
**Step 12**  
Do the same thing for each corner.



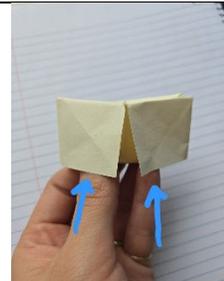
**Step 13**  
View after having folded all the corners.



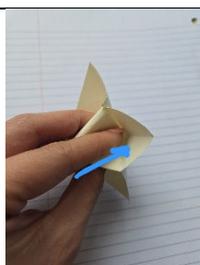
**Step 14**



**Step 15**  
Fold the square in half.



**Step 16**  
Put your two thumbs and two index fingers in the flaps on each side of the rectangle.



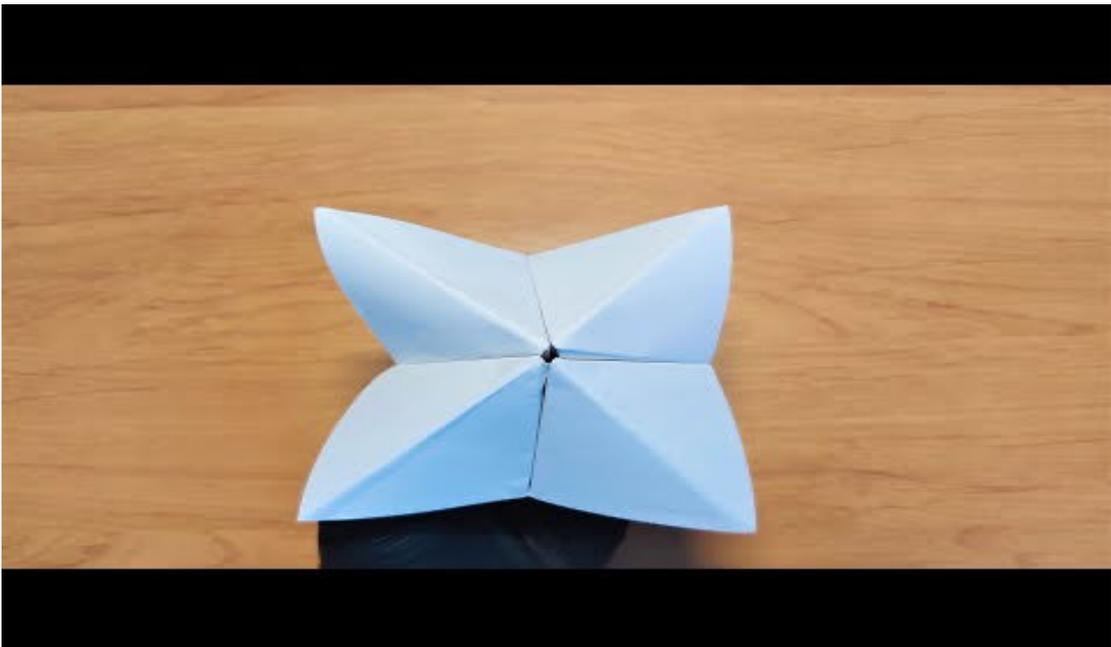
**Step 17**



**Step 18**

	Final product.		
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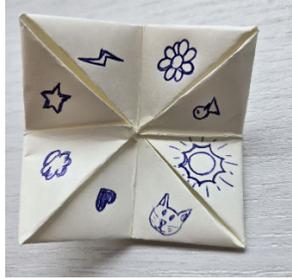
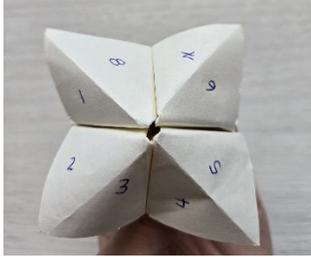
Here is a video to better understand the steps: <https://www.youtube.com/watch?v=cBvf7HxR2bs>



Steps with pictures:

If needed, help your child with the steps.

<p>1. On the outermost surface of the fortune teller, have your child write a number in each section.</p> <p>1, 2, 3, 4, 5, 6, 7 and 8 OR</p> <p>2, 4, 6, 8, 10, 12, 14 and 16</p>	<p>2. On the 8 inner sections of the fortune teller, have your child draw a simple picture.</p> <ul style="list-style-type: none"> <li>• Cloud</li> <li>• Heart</li> <li>• Snowflake</li> <li>• Tree</li> <li>• Leaf</li> <li>• Sun</li> <li>• Star</li> <li>• Flower</li> </ul>	<p>3. Lift the inner flaps of the fortune teller and you will find 8 additional sections inside. Have your child write (with your help) 8 questions of their choice in connection with the move.</p>
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Sample questions to write in the fortune teller:

- Will I lose my friends?
- Will I be changing schools?
- What worries me the most?
- How do I feel about moving?
- Will our pet be moving too?
- How can Mom and Dad help me through the move?
- What can reassure me?
- Are we moving far from here?
- What are we doing with our house?
- Can I bring my toys?
- Why do we have to move?
- Can I stay here and not move?
- Do you (as a parent) like moving?

How to use the paper fortune teller:

**Step 1:**

Place your thumbs and index fingers into the flaps (on the top of the fortune teller).

Have your child choose a number from the outermost layer of the fortune teller.

The person whose fingers are in the fortune teller opens then closes the fortune teller first in one direction then in the other (horizontal and vertical).

Repeat opening and closing the fortune teller in each direction, counting out loud until you reach the number selected by the child.

*Example: Your child chooses the number 4. Out loud, count 1, 2, 3, 4, while opening and closing the fortune teller first one way then the other. When you reach 4, stop in the open position! You will have opened it twice one way and twice the other way.*



### **Step 2:**

Repeat the process, but this time the child chooses a picture from the sections on the inside of the fortune teller.

This time, spell out the letters for the picture. Opening and closing the fortune teller for each letter.

*Example: The child chooses the cloud. Out loud, say “C-L-O-U-D” while opening and closing the fortune teller as you say the letter. You will have opened and closed it five times for this example. Stop in the open position at the last letter.*



### **Step 3:**

Then, the child chooses a picture again. You unfold the fortune teller at the selected picture.

Read the question written under the picture.

*Example: The child chooses the heart. Lift the flap to read the question under the heart. Written is the following question: Will I be able to see my friends again? This question will start your discussion.*

You can play the game again as many times as you want in order to answer all the questions written by your child in the fortune teller.



\*For younger children, don't hesitate to have your child count the numbers out loud and repeat the letters to spell out the selected picture.