



FORT Program

Employment and education support

TARGET CLIENTELE :

- Spouses of CAF members, veterans, and reservists
- Veterans
- Children of CAF members, veterans and reservists, 18 and older
- Reservists
- English speakers from the civilian community

**Do you wish to enter the job
market in a satisfying and
sustainable way?**

The intervention process aims to enable the development of a professional project that takes into account your interests, skills, experience, and reality. The services are offered to individuals who are actively seeking employment or considering a return to work or studies.



https://crfmv.info/fort_form

INFORMATION

418 844-6060
info@crfmv.com



Services

- **Educational and professional orientation**
- **Job search assistance**
- **Second Language Program**
- **Various workshops**

PROFESSIONAL ORIENTATION

- Needs assessment
- Personalized career counselling
- Self-awareness, skills and interests assessment
- Psychometric testing
- Develop ways to balance work-family-military life
- Explore solutions to improve well-being in the workplace
- Information on the job market and educational institutions

EMPLOYMENT ASSISTANCE

- Personalized employment counselling
- Job search strategies
- Resume and cover letter preparation and translation
- Interview skills
- Employer contacts and job follow up
- Translating your military skills into civilian skills
- Referral to external resources