

Here are some interesting websites and Facebook pages in preparation for your move in the Quebec City area. This supplementary list is not exhaustive. However, do not hesitate to contact us for more information.

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## VALCARTIER FAMILY CENTRE

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- Web Site : [www.CAFconnection.ca](http://www.CAFconnection.ca) (Valcartier Tab)
- Facebook: Centre de la Famille Valcartier

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## SUPPLEMENTARY RESOURCES ABOUT MOVING

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- Brookfield Services- BGRS: <https://bgrsguide.bgrs.ca>
- Canadian Forces Housing Agency:  
<https://www.canada.ca/en/department-national-defence/services/benefits-military/military->
- The ABCs of Military Postings :  
<http://www.ombudsman.forces.gc.ca/en/ombudsman-questions-complaints-helpful-information/abc-military-posting.page>
- Mail Forwarding Canada Post:  
[https://www.canadapost.ca/web/en/products/details.page?article=forward\\_your\\_mail\\_wh](https://www.canadapost.ca/web/en/products/details.page?article=forward_your_mail_wh)
- Service québécois de changement d'adresse (Quebec Change of Address Service):  
<https://www.adresse.gouv.qc.ca/inscrire/FormulaireChangementAdresse.aspx?Etape=0>
- Société de l'assurance automobile du Québec (driver's licence/vehicle registration):  
<https://saaq.gouv.qc.ca/en/>
- Canada Revenue Agency: <http://www.cra-arc.gc.ca/tx/ndvdl/tpcs/ncm-tx/chngdrss-eng.html>
- Health Services: See the electronic version of Health Guide available on the USB card.

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## CHILDCARE SERVICES

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- La place 0-5 (Centralized Quebec waiting list) : <https://www.laplace0-5.com/in/faces/homeInBook.xhtml>
- Ma Garderie (Daycare Services): <http://www.magarderie.com/> (French only)
- Famille Québec service de garde : <https://www.mfa.gouv.qc.ca/fr/services-de-garde/Pages/index.aspx>

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## EMPLOYMENT AND EDUCATION

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- Éducation et enseignement supérieur : <http://www.education.gouv.qc.ca/en/ministere-de-leducation-et-de-lenseignement-superieur/>
- Fédération des commissions scolaires du Québec (School Boards): <http://fcsq.qc.ca/> (French only)
- Central Québec School Board (English schools) : <https://www.cqsb.qc.ca/en/home>
- Fédération des établissements d'enseignement privés (Private schools) : <http://www.feep.qc.ca/> (French only)
- Emploi Québec (Quebec Employment programs):  
[http://www.emploi.quebec.gouv.qc.ca/en/?utm\\_expId=25996222-](http://www.emploi.quebec.gouv.qc.ca/en/?utm_expId=25996222-)

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## VALCARTIER, QUEBEC CITY AND AROUND

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- Québec City Area: <http://www.quebecregion.com/en/>
- Shannon : <http://shannon.ca/en/site.asp>
- Québec City: <https://www.ville.quebec.qc.ca/en/index.aspx>
- Quoi faire à Québec (What to do in Quebec?): <https://www.quoifaireaquebec.com/en>
- Saint-Gabriel-De-Valcartier: <http://saint-gabriel-de-valcartier.ca/en/site.asp>
- Sainte-Catherine-De-La-Jacques-Cartier: <http://www.villescjc.com/scjc.asp?no=1> (French only)
- Google map : <https://www.google.ca/maps/@46.8811961,-71.3621924,11z> (the military base is the grey zone near Shannon)

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## ENGLISH COMMUNITY SERVICES

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- Voice of English-speaking Québec (VEQ): [www.veq.ca](http://www.veq.ca)
- Jeffery Hale Community Services: <http://www.jhsb.ca/en>
- Community Economic Development and Employability Corporation (CEDEC): [www.cedec.ca](http://www.cedec.ca)
- Learn Québec: [www.learnquebec.ca](http://www.learnquebec.ca)

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## FACEBOOK PAGES

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It should be noted that these Facebook pages are not managed by the Valcartier Family Centre and that we are not responsible for the veracity of the information and the content.

- Canadian Military Spouses!
- Valcartier Military Spouses
- Posting Season - Military Relocations
- Posting / Mutation Canada
- ♡ Les Conjointes de Militaires ♡
- Femmes de militaires, base de Val-cartier
- Femmes de Militaires Valcartier
- Femmes et familles de Militaires Canadiens
- Cercle amical des Conjoint(es) de militaire de Valcartier
- Chorale des Épouses Militaires- Valcartier