

## List of candidates for the 2023 Board of Directors

Name	Status	Description
Julie Grandmaison	Retired from the Forces and spouse of a veteran	Ms. Grandmaison has been involved with the MFRCV Board of Directors since February 2019, initially as a director, then as president in October 2019. When transferred to Gagetown, she also served on the MFRC Board for 2 years as director and then 2 years as president. Ms. Grandmaison joined the reserves in 1990 before transferring to the regular Forces in 1997. She served in the Forces for 33 years and is also a veteran's spouse. She takes the Military Family Resource Centres to heart and loves getting involved in her military community.
Stéphanie Vachon	Military member and military spouse	Ms. Vachon has been in the military as a meteorological technician since 2011, and is also a military spouse. She often volunteers for various organizations that are close to her heart, including the MFRC, where she has been a member of the Board of Directors since 2019. She wishes to continue her involvement, as she recognizes herself in the values promoted by the Centre.
Nathalie Vallée	Civilian and spouse of a veteran	Ms. Vallée is Vice-President - Corporate Communications at Paradigme Stratégies. With over 20 years' experience in public relations and corporate communications, she has a deep understanding of the media landscape. She has also developed a keen understanding of government and regional development. A former military reservist and veteran's spouse, she has been involved with the Board since 2021, and looks forward to continuing her involvement with the Centre. She hopes to put her experience and knowledge to good use in the development of the MFRCV.
Valérie Bouillaut	Civilian	Ms. Bouillaut has experience and skills in administration and management. A retail general manager for over 25 years, she is also founder and director of her own company in the field of brief therapy (NLP). She began her involvement as a director in 2021, and has been vice-president since September 2022. She looks forward to continuing her involvement with the CRFMV, helping to bring its projects to fruition and raising its profile.
Sylvie Laurendeau	Civilian	Ms. Laurendeau has been an Account Manager in Business Development at La Capitale General Insurance for nearly 15 years. She has solid experience in needs analysis, negotiation, risk management and business plan development. She is involved with the Foyer Notre-Dame de Lourde in Haiti. The values and mission of the CRFMV appealed to her, and she has been involved as an administrator since 2021. Always eager to share her experience, vision and ideas, she would like to serve another term.
Amélie Robin	Military spouse	Ms. Robin comes from a military family. She has been a specialized educator for over 15 years. She would like to put her skills to good use to enhance the center and contribute to the well-being of our families.